

L A S E R H A I R

R E M O V A L

Frequently Asked

AM I SUITABLE FOR LASER?

Our AW3 Schnelle Diode Laser Machine is suitable for all Skin Types - Laser works best on Dark Hair. The machine is unable to treat any blonde, red, white or grey hair as it requires a dark pigment to be able to destroy the hair follicle. Please note some medical conditions may mean you are unsuitable for treatment.

HOW MANY SESSIONS WILL I NEED AND HOW FAR APART ARE SESSIONS SPACED?

Everyone is different and there are several factors in play such as the skin type, hair type - How it grows, how it responds to treatment etc. Hormonal factors should also be considered. A typical ballpark figure may be around **10 sessions** but some people may need more. 8 is usually the minimum number of sessions required. Sessions for the face are spaced approx every 4 weeks and every 5-6 weeks for the body.

DOES IT HURT?

Technology these days makes Laser Hair Removal 'virtually painless' and our AW3 Machine is infused with 'Crystal Freeze' technology whereby the tip that comes into contact with the skin actually 'freezes' and therefore numbs the area as it glides. Of course, all pain tolerances are different but this will help to aid the most comfortable experience. You SHOULD feel some sensation during the treatment (so that we know it's working!). The sensation should be similar to that of an elastic band catching on the hairs of your arm or like a small oil spatter when cooking

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IS IT PERMANENT?

It is permanent hair reduction - Clients will hope to see around 80-85% reduction in hair growth. Obviously our hormones can trigger dormant follicles which lay under the skin to produce hair which is why we recommend a 12-18 month top up to keep everything at bay (although some people feel they don't require this!)

WHAT METHOD OF HAIR REMOVAL CAN I USE INBETWEEN SESSIONS?

It is very important to note that shaving is the ONLY permitted method of hair removal during the full course of your Laser Journey - and you may shave as much and as often as you like! You must not wax, pluck, thread, epilate or use any hair removal creams on the areas we are treating. Hair grows in stages and we are always trying to tackle the hairs in active growth (the ones still attached to the blood supply!) to be able to permanently destroy them and so hair should never be pulled from the root or treatment will be unsuccessful.

WHAT CAN I NOT DO INBETWEEN SESSIONS?

You MUST NOT have any sun exposure a minimum of 10 days before treatment and a minimum of 10 days after treatment as you will be highly susceptible to burns & pigmentation. We will not treat any skin that we professionally believe to have been exposed to sun/sunbeds within this time. You must also NOT have any fake tan present for treatment (this must be thoroughly removed) & must not be reapplied for 5-7 days post treatment.

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WHAT ARE THE FIRST STEPS TO BEGINNING MY LASER JOURNEY?

Please complete our Online Consultation Form so that we can determine suitability for treatment. We will then book you in for an in-person Consultation & patch test (this is free of charge and no obligation) & this must be completed, by law, a minimum of 48h prior to treatment.

HOW SHOULD I PREPARE FOR MY CONSULTATION/PATCH TEST?

Please ensure you have completed the Online Consultation form a MINIMUM of 24h prior to your appointment & that you have thoroughly read these FAQs. This appointment is a maximum of 20 minutes in length - You will have the opportunity to ask any questions & to see the machine. You should arrive to the appointment unshaven in the areas you wish to treat so that we can assess the hair and take some 'before' photos to document the beginning of your journey. I will shave a small patch in an inconspicuous area to complete the patch test which will be 3-5 shots on a setting based on your Skin Type.

HOW DO I PREPARE FOR THE ACTUAL TREATMENT?

Please thoroughly and cleanly shave all areas to be treated the night before your appointment. Please arrive to the appointment without any deodorant (if underarms), body creams (if on the body) or any Skincare/Makeup/SPF (if the face). Fake tan should be thoroughly removed a few days before.